

# NEURO-AGILITY PROFILE™ ADVANCED+

"You can't  
improve what  
you can't  
measure"

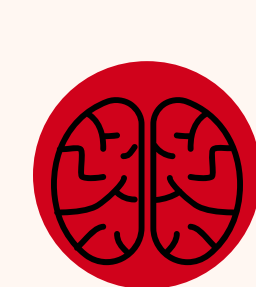
"Unleashing your  
limitless Brain-  
Potential is an Act  
of Balance"

Systemic Neuroscience  
Consulting Group Luxembourg



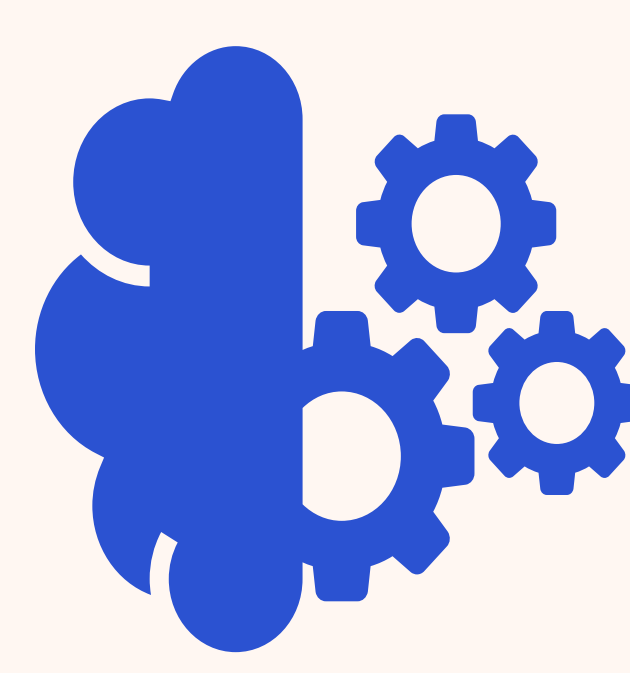
## WHAT IS NEURO-AGILITY?

Neuro-agility is about optimizing the brain-based elements that influence the ease, speed & flexibility with which you think, learn & process information. Developing & optimizing these elements, are the starting point to improve your brain fitness & mental flexibility in order to thrive & be more employable, successful & effective in a volatile, uncertain, complex & ambiguous (VUCA) world.



## WHAT IS THE NAP™ ADVANCED+

NAP™ is an abbreviation for the **Neuro Agility Profile™** assessment. The Advanced+ is the most comprehensive, multi-dimensional brain profile assessment of its kind. It measures 13 elements that influence the ease, speed & flexibility with which you learn, think & process information. The purpose of the NAP™ Advanced+ is to identify your unique potential & optimize your mental flexibility, brain fitness & brain health.



## WHO WILL BENEFIT FROM THE NAP™ ADVANCED+ ?

**Any adult who can read & write!!!**



## WHAT IS THE NAP™ ADVANCED+ USED FOR?

- Mental agility improvement
- Brain fitness optimization
- Talent selection
- Talent development
- Reduce risk for human error
- Improve brain health & wellness
- Accelerate learning & thinking
- Develop high performing, agile teams

## ELEMENTS EVALUATED IN THE NAP™ ADVANCED+

### 7 Brain-Based Elements of Your Neurological Design:

- Relative lateral preference
- Expressive - receptive preference
- 4 figurative thinking & learning languages
- Rational - emotional preference
- Information processing style
- 11 intelligence preferences
- Learning preferences
- **Neuro-design flexibility dashboard**



### 6 Drivers to Optimize Brain Performance

- Brain agility
- Stress coping skills
- Sleep
- Movement & exercise
- Mindset / attitude
- Brain food
- **Overall brain fitness dashboard**
- **Neuro-agility dashboard**

### FEATURES

- 180 easy online questions (30-45 minutes to complete)
- 29 page online report illustrating 13 elements of neuro-agility & offering suggestions to optimize your neuro-agility
- Automated debriefing video
- Post-evaluation 6-12 months later
- Translated into various languages



### BENEFITS

- Understand your amazing neurological design
- Accurate awareness of your unique potential
- Understand how you are talented / smart
- Align your neuro-design with your job functions & career choices
- Increase your mental flexibility
- Agile thinking & learning
- Optimize your overall brain fitness
- Strengthen your brain health
- Accelerate brain power skills like complex problem solving & critical - creative thinking
- Cope with stress & fatigue more effectively
- Better work / life balance
- Reduce your risk for human error
- Better learning results
- Improve your confidence
- Clearer social awareness of others
- Understand different roles of team members
- Optimize team agility
- Improve emotional intelligence & agility

