



Systemic Neuroscience Coaching, Consulting and Training For Business and Leadership in Luxembourg

'It is not in the stars to hold our destiny but in ourselves.'
– William Shakespeare

The digital era we live in today is continuously changing - it is energizing, full of innovation and above all, highly complex. Being busy is adopted by many as the new normal and we operate the way we think we are expected to. The roles we 'play' are often determined by others and external circumstances. We accept them without questioning if this is the best direction to take long term.

Reflection for You and Your Company:

- How do you stay on top of things despite the many demands you face?
- How do you optimize your professional success without negatively impacting your health along the way?
- How do you remain productive, engaged, resourceful and stretch beyond the basic modes of operating without plateauing?
- How do you identify the best way to positively develop and grow a thriving culture?

Visualize the following

- An end to missing opportunities – ***YES! To clarity, direction and purpose.***
- An end to overwhelm, frustration and non-ending obstacles – ***YES! To productivity, flexibility.***
- An end to feeling stuck – ***YES! To leveraging your unique skills and having the impact you want.***
- An end to ineffective communication and relationships – ***YES! To being CEO of Your Brain and getting the best path to achieve your goals***

Imagine what impact this would have on your results and the future of your business!



Our Powerful Systemic Neuroscience Formula and Approach



We, **Omozua A. Isiramen** and **Karen van Hout**, both experienced coaches and trainers, ***truly care and are happy to work with you.***

With your growth and success in mind, we combined our forces and have merged two science-based and very effective approaches, proven to yield long-lasting results: **SYSTEMIC AND NEUROSCIENCE COACHING & CONSULTING**

This powerful formula is the **MISSING LINK** to not only setting smart goals but actually, achieving them with actionable steps and a plan you can draw from and use quickly for overall positive outcomes: Getting you from where you are now to where you want to be.

Our mission is to take you, your team and business on a journey from **dream to reality**. We work with private individuals, organisations executives, corporate professionals, (aspiring) leaders and their teams to create a brain-friendly, high-performing and an innovative organizational space.

Everything Is Possible when you aim for clarity and want to bring about positive change within your teams, among your employees, and for your overall success. **Without getting stuck, and it is way easier than you think.**

Using the evidence-based Systemic Neuroscience coaching & consulting approach, we help our clients understand that '**Everything is Possible**' in life and business, when you understand

□ yourself

□ your brain and how you can work better with this powerful asset

□ how you relate to the world you operate in as an individual or team

"Unleashing Your Limitless Brain Potential is an Act of Balance."

~ Karen van Hout & Omozua Ameze Isiramen~

Benefits of the Systemic Neuroscience Coaching and Consulting Formula

- Break with hidden obstacles and tap into your strengths to design the results you want.
- Be free of unnecessary ballast weighing down your decision-making, strategizing, and risk assessment processes.
- Turn challenging processes into easy and manageable step-by-step approaches.
- Have the team and organisation goals within reach.
- Know how to redirect the current reality of your company and business at any given time, easily and safely.
- Being able to deal with change and daily business demands, no matter the circumstances, with all your members on-board.

Systemic Neuroscience Coaching and Consulting Services

Full or Half Day and up to Three-Day Workshops & Training (Face to Face & Virtually):

- Conflict Resolution and Management
- Productivity and Peak Performance Training
- Team Building Workshops
- Effective Communication
- Emotional Intelligence and Stress Management

Power Programs:

- Personal Development Coaching, Counselling and Training
- Emotional Mastery and Mindset Training
- Leadership Development
- Organisation Development

Unique Systemic Neuroscience Solutions:

- **Masterclasses: Everything is Possible**
- Executive and Success Retreats (for companies)
- Systemic Neuroscience Mastermind for Entrepreneurs and Leaders
- Advisory Board and Mentoring
- Keynote Speaking



We always have your back!

We are convinced our approach delivers sustainable results. Still it is one thing to know what to do in order to transition from dream to reality, but to actually take the necessary steps is quite another thing.

THAT'S WHY WE OFFER A SPECIAL ADDITIONAL SERVICE:

***CONSOLIDATING FOLLOW- UP ON ALL PROGRAMS, MASTERCLASSES,
WORKSHOPS AND TRAININGS.***

*Are You Ready to live the good life personally and professionally?
Are you ready to choose intentional growth and make an impact in the world?*

IT IS TIME TO BE THE CEO OF YOUR BRAIN, BUSINESS AND LIFE

- Figure out what isn't working, and what is
- Work smarter rather than harder
- Become highly productive and communicate effectively
- Go big — dream bigger than you ever imagined possible
- Be able to deal with change and the daily business demands, no matter the circumstances

Meet the Founders, Consultants and Training Team of the Systemic Neuroscience Consulting Group Luxembourg



Karen van Hout is the Director and Founder of **OF WOOD Sarls.** She is an Academic Certified Systemic Counsellor, Coach and Trainer (Member of ICF and EMCC Luxembourg) with working experience in operational, therapeutic, coaching and managerial roles in the healthcare and financial sectors. Karen has worked with international teams and corporates to guide their talents to gain more clarity, productivity, passion and presence. She mainly works with growing companies, fe(male) professionals and their teams

Omozua Ameze Isiramen is the Founder & NeuroCoach at **CWO Solutions:** Coaching and Consulting with Omozua. She has successfully completed two ICF accredited training programs, and is an Executive and Certified Life, Emotional Mastery and John Mattone NeuroLeadership Coach, EQ Consultant and Brain Trainer. She has an educational, managerial, training background and work experience from collaboration with experts from different industries and financial fields. Omozua works with executives, corporate professionals, (aspiring) leaders and entrepreneurs.



You, like us, know that the fast-paced world we live in today calls for agility, innovation, flexibility and future-ready plus purpose-driven performers.



LET US WORK TOGETHER

Let's discuss your challenges, the needs and priorities of your teams, business or organisation.

Contact Us! We look forward to serving you in a brain-friendly way as you become **FUTURE-READY** and find long-lasting solutions with our **unique approach**.

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